

Product Ledger



Product Name	Shape	Gross Weight	Content	No. per Case	Listed Price	Wholesale Price
Sleep Improvement Supplement	No. 1 Hard Capsule	22.5g	60 capsules	100 bags	¥3,980	
JAN Code	Product Size (mm)			Storage method	Expiration Date	
	Length	Height				
4 978583 709190	120	200		Room temperature	24 months after manufacture	
Manufacturer			Acquisition Authentication	Country of Manufacture		
FI CORPORATION CO.,LTD			JIHFS GMP	JAPAN		
Location			Contact Information			
3-182 Wakamiyaji Ginan-cho Hashima-gun Gifu-pref. 501-6005, JAPAN			E-mail:info@fi-co.co.jp			

[Concept]
In the modern world, it is difficult to increase one's amount of sleep, which is why the focus is on "sleep quality"! This product supports your daily sleep schedule to enable you to be well rested in short amount of time.

[Main Base Ingredients]		
Names of Base Ingredients	Content(mg)	Blending Ratio(%)
L-Theanine	110	36.667
GABA (GABA90%)	3	1.000
L-Tryptophan	3	1.000
Crystal cellulose	166	55.333
Stearic acid calcium	12	4.000
Silicon dioxide	6	2.000

[Targets]

- People who want to rest well
- People who are tired even after sleeping
- People with no motivation
- People who are chronically fatigued
- People who continuously suffer skin problems, etc.

[Nutritional Components] per 2 capsules (0.75g)	
Component Name	Content
Calories	2.90 kcal
Protein	0.37 g
Fat	0.02 g
Carbohydrates	0.30 g
Sodium chloride equivalent	0.001 g
[Components Providing Functionality] per 2 capsules (0.75g)	
Component Name	Content
L-Theanine	200mg

[Product Features]
[Food with Functional Claims]
 Components Providing Functionality:L-Theanine
 Content of components providing functionality per one day's worth of capsules: 200mg /
 Notification No.: B443



[How to Take]
As a guideline, take with 2 capsules (0.75g) per day with cold or warm water before going to bed.

[Allergens Used]
None

[Alcohol Classification]
Not Used

[Usage Precautions]

- Comply with the daily usage guideline amounts.
- Consult with a physician before using together with anti-hypertensive agents or stimulants.
- The color of the product may vary, but this is not a quality issue.
- Consult to list of base ingredients, and do not take if you have food allergies.